

"Family Fun Eat & Run"

5K and 1/2 Mile Run/Walk



** Payable by check to: NORSI

➤ Elmwood Fitness Center, Harahan



* Benefiting three area Children's Museums

DATE: Sunday, May 15, 2016

> 7:00 am: Race Day Registration and packet pickup opens

8:30 am: Start of 5K Run/Walk > 9:30 am: Start of 1/2 Mile Run/Walk

LOCATION: City Park, New Orleans *site of the new Louisiana Children's

Museum(intersection of Henry Thomas Drive & Palm Drive)

PROCEEDS BENEFIT THREE AREA CHILDREN'S MUSEUMS

Support the Louisiana Children's Museum-New Orleans, the Bayou Country Children's Museum in Thibodaux or the Children's Museum of St. Tammany-Northshore.

Choose below to benefit one or all three Children's Museums.

ENTRY FEES: Checks Payable to: NORSI

ADULT (18 & OVER)

> \$30.00 by April 15 → \$35.00 by May 9 → \$40.00 Day of Race

YOUTH:

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> \$10.00 Age 11 to 17 ◆ Free: Age 10-under

HOW TO REGISTER:

Online link posted at www.NOLArunning.com

> BY MAIL TO: * Postmarked deadline May 1st NORSI, P. O .Box 2348, Kenner, La 70063

T-SHIRTS: Event T-Shirts given out on the day of race to pre-registered entrants first. All entrants registered day of race will receive t-shirt as supplies allow. In event of reorder, details will be announced and posted on event website. Please keep race number and t-shirt tab to claim your shirt.

AWARDS:

5K: 1st overall, 1st , 2nd Place age groups 10-under thru 75-over

PRE-REGISTER In Person (Available at the following locations)

Louisiana Running Company, 4153 Canal Street, New Orleans

> Varsity Sports, 3450 Magazine Street, New Orleans

Southern Runner, 8123 Oak Street, New Orleans

> Varsity Sports, 2021 Claiborne St, Mandeville GNO Cyclery, 1426 S. Carrollton, New Orleans

1/2 Mile Kids Run/Walk: 1st overall, 1st, 2nd, 3rd place ages 6-under, 7-9, 10-12, 13-15 Medallions to all 1/2 mile youth division finishers.

POST RACE REFRESHMENTS ♦ Sponsored by:

Food courtesy of numerous sponsors . Kentwood Springs Water, Beer, Elmer's Chee Wees, Fruit.

RACE INFORMATON:

- Produced by: New Orleans Running Systems, Inc. and PIPE
- **❖ Website:** www.NOLArunning.com **◆ Email:** ` chucknorsi@cox.net
- Race Director: Chuck George ◆ PHONE: 504-468-1488





"Family Fun Eat & Run" → 5K & Kids Fun Run/Walk, Sunday, May 15, 2016 → City Park, New Orleans, La. 70124

LOVISIANA CHILDRENS MUSEUM

ADULT (18 & OVER) YOUTH (17 & UNDER)								СН	CHECK PAYABLE TO:						UMBER	2	AM											
	\$30	By April 15 \$10. Age 11-17 thru Raceday										NORSI								PA	<u>ID</u> :							
	\$35	By May 9th Free Age 10 & Under thru Raceday P. O. Box 2348								METHOD PAID								1										
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Please Place checkmark (✓) in box by Charity (ies) to donate to:																												
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	Louisiana Children's Museum, New Orleans Bayou Country Children's Museum, Thibodaux																											
	Children's Museum of St. Tammany-Northshore DONATIO											ON	ON \$					OFFICIAL USE ONLY							╁			
	*Split donation to all three Museums																											
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Signature of Cardholder											CVV	Code																

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event but not limited to fall, contact with other participants, the effects of weather, including high heat and /or humidity, traffic and other conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing those facts and in consideration of your accepting my entry. I for myself and anyone else entitled to act on my behalf, waive and release New Orleans Running Systems, Inc., PIPE and all sponsors, their representatives and successors from all claims in liabilities of any kind arising out if my participation in the event. I grant permission to all of the foregoing to use any photographs, motion picture recordings or any other record of this event for any legitimate purpose. SIGNATURE:

NATURE:	 Date:
AU TOTAL.	Date.